DANCES FOR A PARTY & Huse



THE ENGLISH FOLK DANCE AND SONG SOCIETY

CECIL SHARP HOUSE · 2 REGENT'S PARK ROAD · LONDON · N.W.1

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### DANCES FOR A PARTY

# $\begin{array}{c} \textit{Dedicated to} \\ \mathbf{MARGARET} \ \ \mathbf{GRANT} \end{array}$

Here are some fresh dances for your party.

They will please the novice because they are so easy.

They will intrigue the expert because they are unusual.

And you will be happy as your party goes with a swing.

BEATRICE and WYN HUMPHREYS

#### ABOUT THIS BOOK

Countryside music and village dance forms have often been threatened by neglect or by foreign forms, imported to meet the craving for novelty in the world of fashion. Some of these imported novelties have had only a short life. When they ceased to be fashionable, they died out. Others won a footing amongst the oldestablished forms traditional in village entertainment. The village dances of to-day reflect both the foreign invasion and the persistent local tradition, the latter exercising a modifying effect on the newcomers, which gradually take on a style and character suitable to their adopted environment.

Here in this little book we have an example of a local folk dance tradition—the repertory of the village of Sidbury in County Devon. Collected by Mr. and Mrs. Humphreys of Sidbury, the dances are presented in the form of a party programme.

Some of the dances are well-known Country Dances involving a set of couples. Others are examples of the still more venerable form of reel common in England as well as in Scotland. A few are imported couple dances, some of which can be used as 'change partner' dances and so involve the whole room in a 'general set'. These couple dances are still in process of graduating as folk dances and some purists of folk dance may prefer to ignore them and to concentrate on just the Country Dances and Reels. But in village entertainment the couple dances strengthen and lend variety to the programme, and, in Sidbury itself, it is customary to mix in games and competitions and all sorts of spontaneities, so that the country dancing falls into place as just one part of the good fun and good fellowship.

I commend this little book to all those interested in traditional folk dance.

DOUGLAS KENNEDY

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#### NOTES

These dances come from Sidbury in Devon. The tunes, except for three which you will probably recognise, were provided by Mr. Rew.

Just recently, some of the dances escaped and even stormed the B.B.C., so we thought you might like them in a party book to use them as we use them just for fun.

If you have someone who can extemporise topical verses to the songs, your party will be hilarious. We mix them up sometimes with games, competitions and good food and sometimes we just dance. Good wishes for all your parties from Sidbury in Devon.

1957

BEATRICE and WYN HUMPHREYS

#### **PROGRAMME**

- 1. DOUBLE SCHOTTISCHE
- 2. HIGHLAND FLING
- 3. A HUNTING WE WILL GO
- 4. DANNISH WALTZ
- 5. POCKET HANDKERCHIEF DANCE
- 6. THREE HANDED REEL

- 7. DOUBLE CHANGE SIDES
- 8. HUNT THE SQUIRREL
- 9. HEEL AND TOE POLKA
- 10. DOWN SIDES AND UP THE MIDDLE
- 11. FOUR HANDED REEL
- 12. PRETTY LITTLE DEAR

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## DOUBLE SCHOTTISCHE—Couple Dance

Mrs. Pidgeon

Ballroom hold.	Men with	their backs	to the co	entre of th	ne hall.	
Four chassées to the	man's left					2 Bars
Four chassées to the	man's right					2 Bars
X Two chassées to the	man's left	at right an	gles to th	ne first ch	assée	1 Bar
Two chassées to the					• •	1 Bar
Swing your partner						2 Bars
(Pas-de-basque	step, know	n locally as	" three-st	tep '')		

Repeat from X













Mrs. Welch

## HIGHLAND FLING

## Dispersal Dance from the Maypole

## Two Circles. Men inside facing women outside

	2					
А.т.	Tap four times with the right foot				Bars	ı—4
	Tap four times with the left foot			• •	Bars	5—8
A.2.	Arm right with partner (Step-hop)				Bars	1—4
	Arm left with partner				Bars	5—8
В.	Promenade partner (Step-hop)				Bars	18
	When used as a "change-partner" up the next lady for the promenado	dance,	the man	picks		
	The dance may be used as a "proc may disperse as they wish.	cession	off", or c	ouples		

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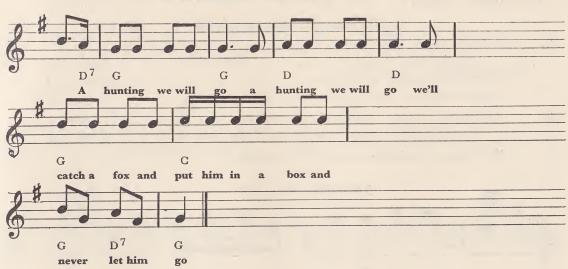


## A HUNTING WE WILL GO

## Longways—usually for four couples

First couple gallops down the set	4 Bars
	4 Bars
First man and woman make single casts to the bottom of the set followed by the rest	4 Bars
First couple make an arch through which the others pass ready for the second couple to become the new first couple	4 Bars

#### A HUNTING WE WILL GO



Other verses are:

A fishing.....

We'll catch a fish and put him in a dish,
And never.....

We'll catch a rat and put him in the cat,
And never.....

A whaling.....

We'll catch a whale and put him in a pail,
And never.....

Bars

Bars

Bars

Bars

### Couple Dance-ballroom hold

- A. Balance from foot to foot four times, beginning on man's left ... ... ... Bars 1—2

  Four chassée steps to the left ... ... Bars 3—4

  Repeat commencing balance on man's right foot ... Bars 5—8
- B. All swing, using a double step without the hop; i.e. pas-de-basque (known locally as "three-step") .. Bars 1—8

  The steps in this dance are small and neat.



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## THE POCKET HANDKERCHIEF DANCE

From many sources

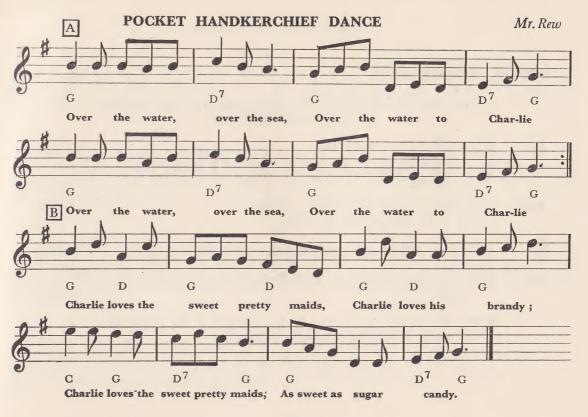
## Longways duple

Couples linked by a large-size handkerchief held throughout in the right hand WARNING—Do not break the link

The first lady stands between and below the second couple

- A.1. Star clockwise (right hands raised)
  Star anti-clockwise (right hands raised)
- A.2. Ist man under second couple's arch ... Bars 1—2
  2nd couple under first couple's arch ... Bars 3—4
  1st couple under second couple's arch ... Bars 5—6
  2nd couple under first couple's arch ... Bars 7—8

  B. Swing and change ... Bars 1—6
  First lady under second couple's arch ... Bars 7—8



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#### THREE HANDED REEL Mr. Rew One man between two ladies, the groups of three forming a circle round the room A.I. Man steps to one lady thus: 8 Bars Cross right foot in front of left foot; feet astride Cross left foot in front of right foot; feet astride A.2. Man steps to the other lady as above .. 8 Bars (Each lady steps gently in reply) B.r. Man arms right with one lady then left with the other ... 8 Bars B.2. Hey for three: the men pass forward to the next two

N.B.—The man should bend and straighten his knees as much as possible during the stepping.

8 Bars

ladies

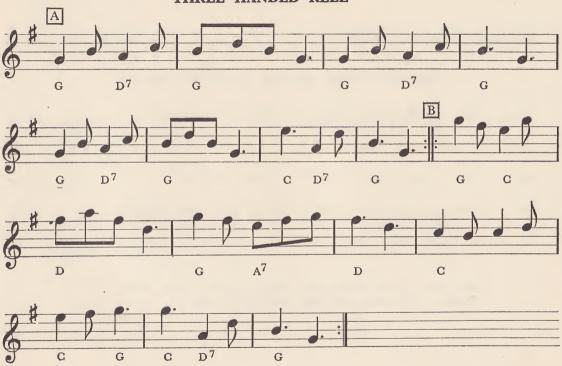
#### THREE HANDED REEL

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## Longways: duple minor: first couples improper

А.т.	Second counts ditte	Bars 1—4 Bars 5—8
A.2.	First couple gallops down the middle and back	Bars 1—8
В.	Men turn partners (once and a half) to original places, and bow	



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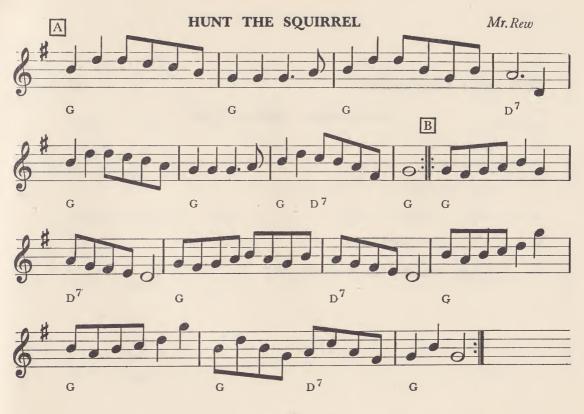
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## HUNT THE SQUIRREL

Longways: duple minor: a lively version of the dance, using a modified polka step

Bars 1—8 First and second couples circle left and right ... А.т. Bars 1-8 First couple dance down the middle and back. They A.2. stand facing the second couple doing a step or two on the spot while the second couple turn to face them. Bars 1—4 The second couple chase the first couple down the set. B.1. The first couple travel backwards. Bars 5-8 The second couple holding inside hands and standing rather far apart dance backwards up the set, while the first couple dances forward. The four dancers are almost in line, the first couple being only slightly below the second. When the second couple reach their place, they make an arch through which the first couple pops. .. Bars 1—8 First and second couples swing and change B.2.



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## HEEL AND TOE POLKA

Mr. Rew

## Couple dance—Ballroom hold

- A. Man with left foot point heel and toe

  Three steps to the left

  Man with right foot point heel and toe

  Three steps to the right
- All swing in polka step(Lady opposite foot throughout)

Rew



## DOWN SIDES AND UP THE MIDDLE

Longways, usually for four couples, using a modified polka step

- A.I. First man and fourth woman meet, swing and change places.
- A.2. First woman and fourth man ditto.
- B.I. Second man and third woman ditto.
- B.2. Second woman and third man ditto.
- **A.3.** First and fourth couples right and left hand star and return to original places.
- A.4. Second and third couples ditto.
- **B.3.** The first man and woman turning out now dance singly down the sides of the set until they meet at the bottom when they immediately swing as a couple up the centre of the set.
  - Other couples at the same time according to their position in the set are either swinging up the centre or casting down the sides, e.g., the third couple will swing up the top half of the set, cast down the sides and swing up the bottom half of the set to their original place.
  - NOTE—At the meeting of the corners dancers need not swing or star but may perform any complicated "show off" they wish. If neckerchiefs are used they may roll as in the Flamborough sword dance.

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#### FOUR HANDED REEL or SIDBURY REEL

Two couples standing in a line with the women back-to-back in the centre

А.т.	Partners step to each other Swing and return to places		Bars 1—4 Bars 5—8
A.2.	Partners 'gypsy' right round each other counter- clockwise, or 'side' half round and back.		Bars 1—4
	Swing and change places	•	Bars 5—8
B.1 & 2	The two men now repeat the figure, then passing on dance with their opposite ladies as in "Hullichan" until all have danced in every place and have returned to their own.		

NOTE—Swings are done with the rather wide, almost chest-to-chest hold, used in Double Change Sides.



### Mr. Taylor

#### PRETTY LITTLE DEAR

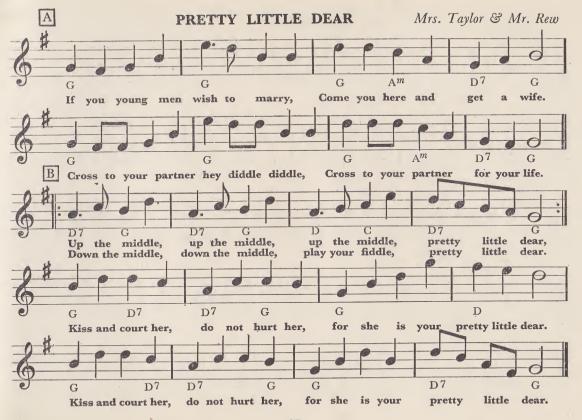
### Two Circles-men outside facing women inside

- A. Both rings circle to their own left. (One, two, three, hop)
- B.I. On the word "life" men grab a partner from the women's ring and promenade her proudly towards the music.

  (No set formation)
- **B.2.** Men turn and promenade partners down.
- C. All swing your partners.

Reform rings and start again.

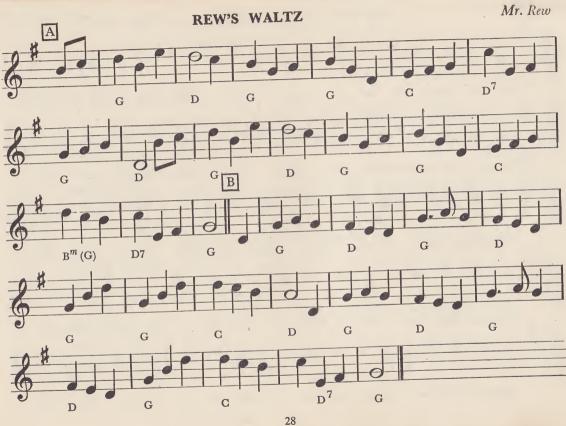
Partnerless men may improvise rhymes about their fortunate brothers.



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### THE ENGLISH FOLK DANCE & SONG SOCIETY

Patron: HER ROYAL HIGHNESS THE PRINCESS MARGARET

President:
R. VAUGHAN WILLIAMS, O.M., MUS. DOC.



Director:
Douglas Kennedy, o.b.e.

Secretary: HUGH R. FRANCIS, O.B.E.

The principal object of the E.F.D.S.S. is to restore their folk dances and music to the people of England; all those who enjoy folk dancing and music are cordially invited to join the Society and share this task.

Individuals can become MEMBERS or ASSOCIATES. A Club, School, Institute or other group of folk dancers and singers can be linked to the Society as a LOCAL CORRESPONDENT GROUP. Full details will gladly be sent on request.

At Cecil Sharp House there is a Sales Department with an extensive stock of the Society's own publications as well as records, swords, sticks, music and books not usually stocked by the average shop. The Society's staff throughout the country also have stocks for sale. A catalogue will be sent on receipt of 6d. in stamps.

As songs and dances can only be partly learned from books and gramophone records, the Society arranges, frequently in co-operation with the Local Education Authorities, special classes and courses of instruction for Teachers and Leaders of Youth Clubs, School and College groups all over England.

For further information and advice write to the Secretary: Cecil Sharp House, 2 Regent's Park Road, London, N.W. 1.

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